

CONSULT QUESTIONNAIRE

1. What are you hoping to get out of the consult? _____

2. What are your open days and windows for scheduling sessions (please include the time zone you are in)? _____

3. What are you hoping to get out of sessions/a session? _____

4. Is there something in particular you would like to address in sessions? _____

5. Are you currently working with a therapist or engaged in a healing modality (please specify)? _____

6. What are your questions for Cristal? _____

7. Are you interested in a single session or regular sessions? _____

8. Where do you live? _____

Please note that I don't participate with insurance and all sessions are on a private pay basis. Please read the Session Contract form before the consult as it will answer questions about rates and payments.

I look forward to meeting with you.